Ticket Lottery

Healthy Play







TICKET LOTTERY

Healthy Play is about enjoying the games and playing for fun and entertainment. From understanding how the games work to knowing the odds, Healthy Play resources are available to support you in choosing a play experience that works for you.

HOW TO PLAY TICKET LOTTERY GAMES

Before you begin to play, decide how much time and money you want to spend. Playing the lottery is gambling, so keep it fun by treating it as part of your entertainment spending.

- 1. Choose your game: Many ticket lottery games are available to play.
- Pick your numbers for draw games: Since it's all by chance, you can either pick your own numbers or see what the lottery terminal generates.
- 3. Pick a scratch ticket: Choose a ticket based on your budget and the type of game that interests you.
- 4. Check your numbers: You can see if you've won at retail locations, online at alc.ca or by using the Atlantic Lottery mobile app. If you are a winner, claim your prize. Check the front or back of your Scratch'N Win tickets for prize-claiming expiry dates.

ODDS OF A WIN

Games	Lotto Max	Lotto 6/49	Daily Grand
Jackpot	\$10-\$70 million	\$5 million + \$10-\$68 million	\$1000/day or \$7 million
Approximate Odds of Winning Jackpot	1 in 33,294,800 (Odds of being struck by lightning: 1 in 15,300,000)	1 in 13,983,816 (Odds of being dealt a royal flush in Poker: 1 in 649,740)	1 in 13,348,188 (Chance of being one of four identical quadruplets: 1 in 15,625,000)

To see the odds of winning on all Scratch'N Win tickets, please visit alc.ca under "Our Games" and "Scratch'N Win." To see the odds of winning for Breakopen tickets, please visit alc.ca under "Our Games" and "Breakopen."

INCREASE YOUR GAMBLING KNOWLEDGE

There are a lot of common gambling misconceptions out there. Here's the real deal on some of them:

MYTH: I have a better chance of winning if I choose my numbers.

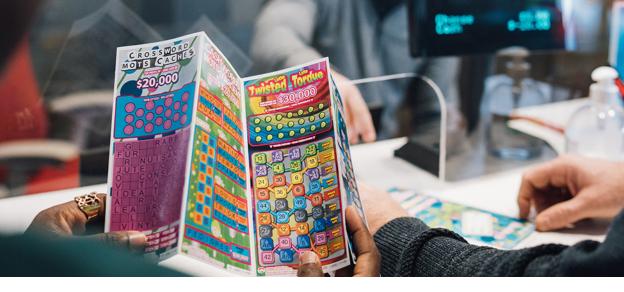
FACT: With ticket lottery games, you either choose your own numbers or accept randomly generated "Insta Pik" numbers. It's important to know that your odds are the same either way. That doesn't mean you can't play your favourites, which is fun, as long as you know they have the same chance as any other combination.

MYTH: Lottery employees and retailers know which tickets are winners.

FACT: Lottery tickets and draws are based on random chance only. No one can predict when or where the next big win will happen, including lottery employees or our retailers.

MYTH: I almost won. I must be closer to a win the next time I play.

FACT: When your number appears to be close to the winning numbers, it's called a "near miss" or "near win." Although you might feel that you're getting closer to a jackpot, it's not true.



WE DRAW THE LINE AT 19+

Atlantic Lottery products are intended as an entertainment option for adults. You can't drive until you reach a certain age. You can't buy alcohol or cannabis under the age of 19. Gambling is another age-restricted activity that isn't for young people.

That's why all our products and entertainment facilities are only available to adults 19 years of age and older. Retailers and other staff are required to ID anyone who looks under the age of 25. No matter your age, you may be asked for a photo ID to purchase, play or claim your prizes.

TIPS FOR PARENTS AND CAREGIVERS

You are a lot of things to your children, including a role model, influencer and protector. Here are a few things you can do to help prevent youth gambling from becoming a risk and concern in your family:

- Learn the facts about gambling and age restrictions
- Encourage discussions and questions about gambling
- Be aware of your own gambling behaviours
- Never buy gambling products for minors
- Know what your kids are doing online and enforce clear rules about which online games they can play even some video games include gambling

If you want to know more, we offer various resources and information on alc.ca.



GAMBLING SUPPORT RESOURCES

If you or someone you know has questions or concerns about their play, free and confidential support is just a phone call away. NEW BRUNSWICK **1-800-461-1234**

NEWFOUNDLAND AND LABRADOR **811**

PRINCE EDWARD ISLAND 1-855-255-4255

NOVA SCOTIA 1-888-429-8167 (Mental Health and Addictions Crisis Line)